Monmouth College Cheerleading

Spring '06 Tryout Packet
Monmouth College Cheerleading  

Tryout information and requirements:

Tryouts will be held **Saturday April 8th at the Huff Athletic Center. Check-in begins at 8:30 a.m.**

**Bring:** Proof of insurance and proof of your most recent G.P.A. (Your most recent report card will do)

**Wear:** Red, Black, White, or grey shorts, t-shirts, or tank tops and appropriate shoes for stunting

Hair should be neatly pulled out of your face. (Think “game ready” appearance)

After check-in, we will get started with the clinic portion of the tryout where you will learn the material and have a chance to practice the other skills you will do for the tryout itself. Around noon we will all eat lunch in the Stockdale Center cafeteria together (you will be given a meal ticket), and then we will go back to the gym to review and begin the tryout. Last year everything was finished by mid afternoon. Though we cannot say for sure how long it will last, it will most likely go no later than 4:00.

**Requirements:**
- During the clinic you will learn a crowd oriented sideline, a short dance, & a floor cheer
- You will have the chance to practice jumps, tumbling, and stunts
  - For the tryout you will do a toe touch and your choice of either a side or front hurdler
  - You will have the chance to show standing and running tumbling
  - As either a base or a flyer you will be asked to perform an all-girl extension and an all-girl ground-up liberty (both with cradles)
- You will also have a brief interview with one of the senior cheerleaders

We would like to have an idea about how many girls are coming to tryout, so if you are planning to tryout, please just **send an email (see contact information below)** Let us know if you have any questions, and we hope to see you on Saturday April 8th at 8:30 a.m.!

Cheers!

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MC Cheerleading Captain
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One more thing: This tryout is for girls only. For football season we are an all-girl squad, however for basketball season we have started incorporating guys on our team. Many of them are football players so we start dealing with this after football season. So basically the girls cheer all year round and then for basketball season we add in the boys.

We just wanted to make everyone aware of this new development we have with our cheerleading program for 2 reasons: 1.) in case you know any boys who want to be involved, and 2.) because this is an opportunity that very few cheerleading squads can offer: the best of both worlds! Getting the chance to cheer **both all-girl and coed at the college level**!

Even during basketball we still have the opportunity to do our all girl stunts, but having so many people allows us to take stunting to a whole new level. Our all-girl bases can still be bases, or they can have the chance to fly! This amount of versatility has been wonderful for our program, and has also been so much FUN!
All-Girl
The MC cheerleading program is an all-girl team during football season. Over the summer we hold several camps to not only learn new skills but to have great team bonding experiences! The girls on this team will become some of your closest friends, and all throughout football season we get to show off amazing all girl stunts that leave the crowd saying, “How’d she do that?”

Co-ed
Our program gives cheerleaders a unique opportunity that many schools cannot match. When you cheer at MC, the same group of girls carries over from football, but for basketball season we add in the guys! This past season was incredibly successful! During MC games we put not only 17 girls but also 8 guys out on the court to perform the kind of skills you watch on ESPN! If you were an all-girl base, now you have the chance to continue to base or fly as well! When our crowd saw what we could do, they definitely had a new respect for cheerleading.

Tradition
Cheering at an MC game provides more pageantry than many schools our size. Hearing the bagpipes, seeing the expanse of fans on the hill, and knowing you have a great team to cheer on is such a rush at your first football game! Both our football and basketball teams have nearly made the playoffs this past year, so now is a great time to get involved and perhaps get to travel and cheer at a tournament!

New Opportunities
Monmouth College has taken cheerleading to a new level. After being nationally ranked for two straight years, we took last year as a rebuilding year and experimented with the possibility of a coed team. It worked! Now this year we are strong as both an all girl and a coed squad and have the opportunity to compete in both areas! Being an MC cheerleader allows you to surround yourself with tons of talent, and gives you room to expand your cheer skills as well!

Cheer Family
Cheering at MC is like being part of a family away from home. We start working with each other over the summer before the school year even begins, so you start your college career with a built-in group of buddies! Monmouth College has a tradition of maintaining a squad dynamic that is not catty or immature. When you come to practice you know that you are among those who love and respect you.

Monmouth College
MC is a great place to be. There’s nothing like being able to walk down the sidewalk and know basically everyone you meet! It is a friendly place, with an equally friendly group of professors. Due to smaller class size the MC faculty members are able to provide much more individual attention, and engage the class in thoughtful discussion and class participation. The campus is beautiful and easy to navigate, and in the midst of getting a great education, MC gives students the opportunity to get involved and have fun!